

# PONTELAND LAWN TENNIS CLUB

## USE OF CHANGING ROOMS AND SHOWERING FACILITIES POLICY

This document is intended to comply with the LTA's policy on the use of changing rooms and showering facilities at the Club and to meet the needs of Club members and visitors, taking into account the facilities that are available within the clubhouse, the number of people accessing them and the activities they are undertaking.

### POLICY ON THE USE OF CHANGING ROOMS

The Club strives to ensure that all children are safeguarded and have an enjoyable tennis experience.

This document sets out the Club's policy for the acceptable use of our changing rooms.

1. Groups of children will have sole use of changing rooms. This reduces any risks and potential problems associated with mixing adults and children when changing and showering.
2. If adults and children need to use our changing rooms, they will do so at different times. If adults and children are on the Club's premises at the same time and the male or female changing rooms are in use by adults, a child will be directed towards the disabled toilet for changing and toilet facilities.
3. Under no circumstances will coaches or volunteers change or shower at the same time as children using the changing rooms.
4. Mixed gender groups of children will have access to separate changing rooms, or use the same changing room but at different times.
5. If we are made aware that a child or adult self-identifies as a gender that differs from the gender they were assigned at birth, we will work with them and their parents/carers (where it relates to a child) to make reasonable adjustments to changing arrangements to suit their needs (*n.b. for more information on this please go to <https://thecpsu.org.uk/help-advice/topics/lgbt-young-people-and-sport/>*).
6. For younger groups of children, a DBS checked coach or volunteer will wait outside the changing rooms to allow children to call for assistance if required and will enter the changing room if requested to do so by a child.
7. Mobile phones and other electronic devices must not be used in changing rooms.

8. If junior coaching sessions have to be curtailed due to adverse weather and children have to access their mobile phones in their tennis bags located in the changing rooms, they will be allowed access to their mobiles but should contact their parents/careers in the main clubhouse area.
9. If there is no DBS checked coach or volunteer available and a child requires assistance in a changing room, an adult may access the changing room to ensure health and safety requirements are satisfied.